

Glengarry SC Spring 2026 Schedule

(v3 as of 19 Feb 2026)

Sessions at Okanagan Hockey Training Centre; Tuesday, April 21 - Wednesday, June 17

StarSkate & Podium Pathway

First day of sessions; Tue, Apr 21
No sessions; Thu, May 7 (BC Hockey)
No sessions; Fri, May 8 (BC Hockey)
No sessions; Mon, May 18 (Victoria Day)
Last day of sessions; Wed, June 17
Star6+ Assessments; Thu, Jun 18 (4:00-6:30pm)

Rising Stars & Star1 and CanSkate

First day of sessions; Tue, Apr 21
No sessions; Thu, May 7 (BC Hockey)
No sessions; Fri, May 8 (BC Hockey)
No sessions; Mon, May 18 (Victoria Day)
Last day of sessions; Thu, June 11

PreCanSkate

No PreCanSkate sessions will be offered during Spring 2026. If your skater is 3 or 4 years old and hasn't previously passed PreCanSkate please look again in August for our Fall 2026 registration.

PowerSkate

No PowerSkate will be offered during Spring 2026.

Minimum Weekly Session & Level Requirements (skaters in Grade 12 may skate one day less than the required minimums)

CanSkate (5+ years old or passed PreCanSkate): Recommended - 2, Required - 1

Rising Stars: Recommended - 3, Required - 2; Must have completed Stage4 of CanSkate, and/or be invited to join

Star 1&2: Recommended - 3, Required - 2; Competing Star1/2, or passed the Star1 Freeskate

Star 3&4&5: Recommended - 4, Required - 3; Competing Star3/4/5, or passed both Star3 Freeskate assessments

Star 6+: Recommended - 4, Required - 3; Competing Star6+, or passed both Star6 Freeskate assessments

PreJuvenile & Juvenile & PreNovice: Recommended - 5, Required - 4; Must attend the BC/YT Sectional Championship

Novice & Junior & Senior: Recommended - 5, Required - 5; Must attend the BC/YT Sectional Championship

| | CanSkate | Rising Stars | Star 1&2 | Star 3&4&5 | Star 6+ & Pathway |
|---------------------------------------|----------------------|--|--|--|--|
| Monday 6:55-7:10pm Flood | 5:20-6:00pm CanSkate | 5:00-5:15pm Dryland 5:15-5:30pm Skates on 5:30-6:10pm Grp Circuits | 6:00-6:10pm Grp Warmup 6:10-6:50pm Grp Freeskate 6:50-6:55pm Grp Clinic 6:55-7:10pm Skates off 7:10-7:25pm Dryland | 6:35-6:55pm Dryland 7:10-7:20pm Grp Warmup 7:20-8:00pm Grp Freeskate 8:00-8:10pm Grp Clinic | 7:30-7:55pm Dryland 8:10-8:15pm Warmup 8:15-9:00pm Freeskate 9:00-9:15pm Grp Clinic |
| Tuesday 6:55-7:10pm Flood | 5:20-6:00pm CanSkate | 5:00-5:15pm Dryland 5:15-5:30pm Skates on 5:30-6:10pm Grp Circuits | 6:00-6:10pm Grp Warmup 6:10-6:50pm Grp Freeskate 6:50-6:55pm Grp Clinic 6:55-7:10pm Skates off 7:10-7:25pm Dryland | 6:35-6:55pm Dryland 7:10-7:20pm Grp Warmup 7:20-8:00pm Grp Freeskate 8:00-8:10pm Grp Clinic | 7:30-7:55pm Dryland 8:10-8:15pm Warmup 8:15-9:00pm Freeskate 9:00-9:15pm Grp Clinic |
| Wednesday 6:55-7:10pm Flood | 5:20-6:00pm CanSkate | 5:00-5:15pm Dryland 5:15-5:30pm Skates on 5:30-6:10pm Grp Circuits | 6:00-6:10pm Grp Warmup 6:10-6:50pm Grp Freeskate 6:50-6:55pm Grp Clinic 6:55-7:10pm Skates off 7:10-7:25pm Dryland | 6:35-6:55pm Dryland 7:10-7:20pm Grp Warmup 7:20-8:00pm Grp Freeskate 8:00-8:10pm Grp Clinic | 7:30-7:55pm Dryland 8:10-8:15pm Warmup 8:15-9:00pm Freeskate 9:00-9:15pm Grp Clinic |
| Thursday 6:55-7:10pm Flood | 5:20-6:00pm CanSkate | 5:00-5:15pm Dryland 5:15-5:30pm Skates on 5:30-6:10pm Grp Circuits | 6:00-6:10pm Grp Warmup 6:10-6:50pm Grp Freeskate 6:50-6:55pm Grp Clinic 6:55-7:10pm Skates off 7:10-7:25pm Dryland | 6:35-6:55pm Dryland 7:10-7:20pm Grp Warmup 7:20-8:00pm Grp Freeskate 8:00-8:10pm Grp Clinic | 7:30-7:55pm Dryland 8:10-8:15pm Warmup 8:15-9:00pm Freeskate 9:00-9:15pm Grp Clinic |
| Friday | No Session | No Session | No Session | No Session | 6:30-6:45am Grp Warmup 6:45-7:45am Freeskate |